

Emotional Control

Primary Magical Skills developed: Focus (Meditation), Cleansing, Emotional Control

Hands On Chaos Magic Chapters
Object Concentration 2,3,5
Spiral Sword Banishing 10
Waterfall Banishing 10
Psychic shielding 15

Best of breed paradigms for this:

Zen Buddhist style meditation. Zen meditation offers some of the best increasing mental control. Ideally this would be practiced to the point it could be done in a loud area (such as a rock concert).

Gnostic Pentagram Banishing by Peter Carroll

Simply breathing as deeply as you can for 15 minutes.

Even outside of a crisis, how can emotional control and focus help your day to day life.

The Bare Necessities (Getting what you Need now):

Primary Magical Skill developed: Enchantment and Spell work

Hands on Chaos Magic Chapters:

For Sigil Magic and Enchantment: 9, 10,11,12, 13, 16, 17, 21

Invocation: 25

Evocation: 28

Other Paradigms for this;

Hoodoo is all about getting goods. Although you got to work out the stuff ahead of time. With that and Western Folk magic (and TRANCE States), you can do a lot of good sorcery work.

Advanced Materials:

Hands On Chaos Magic Chapters:

Working with Spirits:

Spirit Communication, Working with Genus Loci, and the Dead: 3,5,26

Reality Manipulation Boot Camp (All of Hands On Chaos Magic)

Paradigms that work well:

New Orleans Vodou (simply put while Vodou does have some of the most elegant uses of the dead) and forming relationships with spirits. Haitian Vodou and all African Traditional religions seem to do this well and yes I am biased.

Detoxifying

Magical Skills: Applied Meditation, State Change and Resonance Maintenance, Invocation.

Hands On Chaos Magic Chapters

Laughter 2

Alphabet of Desire work 19

Extending the WaterFall Meditation 10

Fictionalizing your Life 34

Energy Work 9, 12, 14,

Estatic Ritual (or Ritual With Meaning) 25,26, 27, 28, 29

Best of Breed Paradigms:

Gigong and Tai Chi offer excellent health benefits while smoothing out your energy system. Likewise Yoga has a ton of techniques to cleanse out the energy system. The Lesser Banishing ritual of the pentagram with the Middle Pillar ritual is a great ceremonial way to do achieve this as well. This daily work has the tangible benefit of shifting your overall mindset to more positive which is critical in detoxifying the trama.

Risk Management/Risk Assessment

Hands On Chaos Magic

Banishing 10

Gnosis and Divination 23

Alphabet of Desire Divination Set 23

Spirit Communication 3,5,26

Best of Breed Paradigms:

I like the Tarot with OBI, but there are so many divination systems choose what resonates with you. Some spiritualist churches have GOOD and relatively free medium ship training that you can get. The key with spirit communication again, results results results!!!!

Good luck and Protection

Hands On Chaos Magic Chapters:

Energy work (and Resonance games) 9, 12, 14,

Talismans Creation Games 20,21,22

Linking a spirit to a talisman 27,29, 32

Evocation 28, 29

Best of Breed Paradigms:

This is purely opinion since you can use anything, but a good portion of Vodou is about naming things and creating specialness from everyday artifacts. Aggripa and Angelic magic is very powerful in this regard having multiple ways to have protection magic all based around talismanic effects. Ifa also has some powerful talismanic necklaces called Ileckes but you need to see a real Ifa priest or Orishana to get them. We can make similar things in Vodou however. However, any spirit you have a good relationship with can be linked into a talisman.

Manipulation:

Hands On Chaos Magic:

Sympathetic magic sections 21

Shared Energy Work (Tapping in, Energy Empathy) 14, 15

Doll Magic 21,22

Sigil Magic 16, 17, 18, 19

Shape shifting (for Intimidation or Seduction) 24,26

Energy Shell Projecting (shell games) 15, 24,27

Best of Breed Paradigms:

Honestly, for getting people to see your point of view, Neuro-linguistic Programming (NLP) is your friend in all aspects of manipulation. Generally, a firm understanding of cognitive science is probably more powerful then direct spell work. Combining the NLP with Hoodoo spell work, often results in a great results but doing the NLP well requires extensive self change and a belief in yourself. For the less than nice manipulations, the Lesser Key of Solomon does wonders when combined with the in person manipulations up front in NLP.

Bindings and Death

Hands on Chaos Magic

Evocation 28, 29

Doll magic 21, 22

Sigil magic 16, 17, 18, 19

Best of Breed:

For binding, Hoodoo has some great techniques.

Most systems of magic has some sort of 86 technique. I might recommend Hecate, or the Morrigan, or monstrous dead. For madness, well nothing says madness like Chronozon, and well meet him tonight. Outside of hoodoo, you are off the map for this type of work but if you get a good relationship with the forces, they will instruct you.

Strategic Magical Operations

Hands On Chaos Magic Chapters

Strategic Magic: 34, 35

Fictional Life Alteration 34

Thematic Life Elements 34

Talisman Work. 19, 20, 22

Best of Breed Paradigm:

Honestly, knowledge and conversation with your holy guardian angel from Ceremonial Magic is in fact one of the best ways to get this type of strategic vision, as is Dave Lee's Observer self, Andrieh Vitimus's Quantum Selves. This is pure magic of the soul, a ritual will presented later Friday by Andrieh which explores just this.

WARNING NOTE: Andrieh's Spells look a lot different than Wiccan spellwork and focus more on the use of barbarous tongues along with radical different states of mind. These are framework spells, you still must fill in the details as these constitute frameworks. My spell work means you have to work on making them your own.

Detoxification and Banishing

Come to Andrieh's Sunday afternoon class and get that flyer and information

Broken: Magical Techniques to Recover From Personal Trauma

12:00 - 1:30 PM Sunday

Maple A

Get The Basics Spell

Genus Loci Engagement (you might refer to them as Faeries)

This is a method of getting spiritual communication using a number of techniques from Hands On Chaos Magic. This works better in more rural areas, but will work in cities if you can connect to city spirits (connecting to city spirits is a little more difficult for many reasons, these spirits in my humble opinion tend to be more mechanistic, insect like, or even demonic and such encounters are beyond the scope of this class. AKA Summoner beware and ready).

First, realize, not all genus loci spirits (see the above warning about city spirits) are cute with wings and float around blissfully. In fact, these may not be what you want to see when you are trying to find food. Be open to anything that comes your way, often these types of spirits can come in any form they want and often the ones that do show up have far more to do with your temperament.

If at all possible, get some bribes for the spirits (Milk, Sweets, whatever you can get at that point).

Spend some time relaxing and meditating. This can be done in your own way, but I have found that sitting on the ground and breathing deeply as possible for about 15 minutes will work (in the winter this take GOOD body control).

Use the Gnostic Pentagram Ritual, Wiccan Calling of the Quarters, Vodou directional opening, Shamanic calls or other similar nature based banishing or cleaning. Smudging is fine (as long as you do it, fully with intention not just with the sage). DO not, and I repeat, from personal experience when I saw someone (NOT ME) do this, Do not use the Lesser Banishing Ritual of the Pentagram for this. If you are sensitive, you might get persnickety comments, or other hilarious being made fun of with some spirits saying they are older than those angels, etc, etc, etc. What you will not get is results.

State your intent, to find food, shelter, or water as you need it. Make sure to state your intent in a willfully positive manner such as I will find the food/shelter/water I need now or it is my will to find food/shelter/water as I need it. IF this is your first time doing the ritual, and your in a tight situation, you might have to go a little further on the trance state.

After performing, your cleansing, start to set up a small offering space (either on an outdoor altar), or next to a tree. Start to dance as you are putting the bribes down and chant in Glossalalia. Glossalalia is random speech (gibberish if you were). You should push the syllables out as fast as you can, so it is not possible to consciously keep track of the syllables. After you try to do this, and start to sing the random syllables as you dance. Each small offering enticing the spirits to come. Imagine, feel, and see the shadows and lights moving all around you and start to dance more strongly. Spin and dance, and throw

yourself into this. After the bribes are placed down, keep going as hard and ecstatically as you can. Really throw yourself into this and you may decide to close your eyes. Eventually, you will get stuck on a set of syllables. These set of syllables are a name of a spirit from the area that will help. Keep chanting this set of syllables further empowering the spirit. You might also get a vision of what the spirit looks like, or definitely a feeling. Keep going, dancing and spinning chanting the name of the spirit. If you get a vision or impression of the spirit or if a animal comes around, assume it is that spirit. Normally, even in this situations, even a somewhat dangerous animal will be ok if it shows up as long as you show no fear it will be ok. Usually, in my experience said animal will not come close enough to harm you, but close enough to make its presence known. However for legal reasons, I have to tell you that if a dangerous wild animal shows up, you need to do the safe thing and sensible thing. At this point, usually it will be very difficult to physically continue (as you will be extremely physically tired). Thank the spirit profusely for getting you the food/shelter/water you need to survive. Walk away (in the case of the dangerous animal, walk away but do not take your eyes off the animal and walk slowly). Banishing is not recommended, just walk away and ground.

Whatever impressions you get, or actual animal that shows up, that is the form of the spirit who will work for you. The mantra is the name of the spirit. With these two things, you can repeat a variant ritual to talk directly to this spirit and bribe it to get more of the your basic needs. If you get food/water/shelter, you should work with this spirit again and as you develop a better relationship this spirit will help to introduce you to other spirits that will help you out in this situation.

Talismonic Necklaces a Primer

Pre-requisites

1. Well you have to have a a relationship with a spirit, god, goddess, principle that will in fact work on your behalf before starting this.
2. You have to have an altar set for said power that is active and has worked for you in the past.
3. You have to have a necklace of some sort you are going to empower.

Well if you want some suggestions on the altar set ups... Look no further

Hands on Chaos Magic: Available by yours truly.

1. Banish, Cleanse, Relax
2. State your Intention
3. Wash necklace with herbs appropriate to the purpose of the work and that you intuitive feel are good mixes with the power you are working with (every possible combination of this is IMPOSSIBLE for me to spell out, and the herbal or oil basis of this is too complex for this class).
4. Over the spirit or godform you are working with offerings and prayers before continuing.
5. After your altar is clearly humming with spiritual presences (generally this takes 30 minutes or more for most people). Wash necklace with herbs appropriate to the purpose of the work and that you intuitive feel are good mixes with the power you are working with (every possible combination of this is IMPOSSIBLE for me to spell out, and the herbal or oil basis of this is too complex for this class).
6. At the same time, start your mantra while focusing the energies of the divinity down into the necklace. At the end of your mantra add the divinity you are working. So for example, Ex De Ve Legba (this is just something I made up).
7. Really get the herbs on the necklace and work yourself into a trance through repetition and through feeling the divinity you work with around you.
8. Pull the necklace out of the herbal mixture, and place it on a towel (of a color your divinity likes). Repeat your mantra with the divinity you are working with while imagining the sigil for the spell work over the necklace. Continue till the necklace looks dry (but do not towel dry it off).
9. Ground, and Center.

This can be repeated multiple times for greater effect. (condensing greater energy into the necklace). When not being worn, said necklace should rest on the altar of the divinity being worked with.

Some additional Notes:

This can be made this more effective by “turning on” the herbs, in Vodou we’d use Gran Bwa. Other articles I have written offer means to summon the spirits of plants (as in the spirit of all that type of plant) to really energize the herbs. In western paganism, Gran Bwa is similar to the GreenMan. Even pushing your energy into the plants will help make them more talismanic.

Andrieh's Sweetner Jar Framework

Sigilize the intent into a mantra: (usually something like this):

To illuminate PERSON'S NAME to the benefits of my proposal.

PERSON'S NAME becomes sweet towards all of my ideas-

It is my will that PERSON'S NAME will hunger after all my ideas or words.

Sigilization techniques are in Hands On Chaos Magic.

You could do this with something like Jesus or Goddess or (your choice) illuminate PERSON'S NAME and sweeten them towards this idea and by the way, to invoke Jesus or God, would be in line with the original Jar spell. However, in practice it does work with and without spiritual invocations (aka it will work with just the sigilized mantra).

I like to get a picture of the person- but if that is not possible, a mental image will work. On the back of the picture, write their name 3 times, 90 degrees crossing that write your name. If you do not have a picture, just use their names on a white piece of paper. Without raising your pen, surround their name with the sigilized mantra. Do not lift your pen and do not dot the I's or cross the T's. Add herbs and oils appropriate toward how you want to sweeten the person- or the general vibe of the proposal (this is well beyond the class, and this will work without the herbs). I prefer to use honey, but if you can not get honey do to environmental conditions, you can probably get some tree sap (but this will take a bit of time gather). If you cannot get honey, chances are good you can get some sweet herbs and water.

Place Picture in jar.

Banishing. State your Intent and take on a extremely positive vibe or an invoked state (it works either way). **This is really one of the most important steps.**

Place a candle on the metal top of the jar. For Love reconciliation- I will use pink, for cash- green (sometimes gold). For other purposes, you have to look up the candle color. Use what feels right and double check with divination.

Oil the candle with appropriate oil to your purpose, applying it by rubbing it in **toward** you, and dust it with an appropriate powdered incense (AGAIN depends on purpose).

Light the candle on top of the jar. Again, the intention matters more then the exact details. If you can not get a candle, you can use a bit of tree sap and dried cotton like fiber from a plant, on top of the jar. Improvise when you have little.

Chant the mantra while visualizing the picture of the person inside the jar and pushing energy into the bottle while maintaining that positive state. Obtain trance and keep pushing until you feel it is complete (for most people this is 45 minutes or more to get to the right level of energy and the right level of trance).

Leave the candle burning. This effectively allows the energy to keep feeding more to the spellwork.

Repeat as needed until you get a yes in the physical world.

A couple books will help you with this. Generally, you need to have a book on correspondences for herbs and a book on colors for candle magic. Of course, none of these books really AGREE so your cross book research may end in doing what your intuition says. Start with the books if you have them and spend a

little time on this or on google if there is still an internet and work from there, but don't spend so much time that you do not actually do the magic.